2025 SPEEDO NSW SENIOR STATE AGE SHORT COURSE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
22ND – 24TH AUGUST 2025

EVENT DETAILS & ENTRY INFORMATION

- **Event:** 2025 NSW Senior State Age Short Course Championships
- **Dates:** 22nd – 24th August 2025
- **Closing Date:** Entries Close at **11:59pm** AEST, **Tuesday 12th August 2025**
- **Age as at:** 22nd August 2025
- **Event Fee**: **$24.00** Per Individual Event & **$46.00** Per Relay Event (GST Inclusive)
- **Minimum Age:** 14 Years
    - Swimmers who turn 14 between 23rd August 2025 and 13th September 2025 will swim at the Youth State Age championships as a 13 year old.

  ***Please note, swimmers are only permitted to swim at one (1) State Age Championship within the Short Course Season - this includes relays*
- **Qualifying Period/Criteria:**
    - Approved LC & SC results achieved between 1st October 2023 & 12th August 2025 can be used to enter this meet.
    - All qualifying times must have been uploaded, approved and verified in Swim Central by the 11:59pm AEST Tuesday 12th August, 2025.
- **Multi-Class Entries:** MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events – please ensure you refer to the QTs for your eligibility before entering.
- **Medals:** Will be awarded as per the schedule of events
- **Relays:**
    - A swimmer may only appear in one (1) relay team list for each relay event
    - Where a club enters three (3) or more relay teams, all teams must meet the qualifying time to be eligible
    - A maximum of one (1) swimmer from a younger age group may compete in a relay team, however the minimum age at these championships is 14 years old.

If you have any questions regarding this event, please contact
events@nsw.swimming.org.au

Session 1 Friday 22 August, 2:00pm					
B	**G**				***Medal as***
1	2	14 Years & Over	1500m	Freestyle	*14, 15, 16, 17, 18/O*
3	4	Open MC	100m	Breaststroke	*14-15, 16-17 & 18/O*
5	6	14-15 Years	100m	Breaststroke	*14, 15*
7	8	16 Years & Over	100m	Breaststroke	*16, 17, 18/O*
9	10	Open MC	200m	Individual Medley	*14-15, 16-17 & 18/O*
11	12	14-15 Years	200m	Individual Medley	*14, 15*
13	14	16 Years & Over	200m	Individual Medley	*16, 17, 18/O*
15	16	Open MC	100m	Butterfly	*14-15, 16-17 & 18/O*
17	18	16 Years & Over	100m	Butterfly	*16, 17, 18/O*
19	20	14-15 Years	100m	Butterfly	*14, 15*

Session 2 Saturday 23 August, 9:00am					
B	**G**				***Medal as***
21	22	18 Years/Over	50m	Butterfly	*18/O*
23	24	16/17 Years	50m	Butterfly	*16, 17*
25	26	14/15 Years	50m	Butterfly	*14, 15*
27	28	Open MC	50m	Butterfly	*14-15, 16-17 & 18/O*
29	30	14 Years & Over	400m	Freestyle	*14, 15, 16, 17, 18/O*
31	32	14/15 Years	200m	Breaststroke	*14, 15*
33	34	16 Years & Over	200m	Breaststroke	*16, 17, 18/O*
35	36	Open MC	100m	Backstroke	*14-15, 16-17 & 18/O*
37	38	14-15 Years	100m	Backstroke	*14, 15*
39	40	16 Years & Over	100m	Backstroke	*16, 17, 18/O*
41	42	14/15 Years	4x50m	Medley Relay	*14-15*
43	44	16/17 Years	4x50m	Medley Relay	*16-17*
45	46	18 Years/Over	4x50m	Medley Relay	*18/O*
47	48	Open	4x25m	Freestyle Relay	*Open*
49	50	14/15 Years	50m	Breaststroke	*14, 15*
51	52	16/17 Years	50m	Breaststroke	*16, 17*
53	54	18 Years/Over	50m	Breaststroke	*18/O*
55	56	Open MC	50m	Breaststroke	*14-15, 16-17 & 18/O*
57	58	Open	4x25m	Medley Relay	*Open*
59	60	14-15 Years	100m	Freestyle	*14, 15*
61	62	16 Years & Over	100m	Freestyle	*16, 17, 18/O*
63	64	14/15 Years	200m	Butterfly	*14, 15*
65	66	16 Years & Over	200m	Butterfly	*16, 17, 18/O*
67	68	Open MC	100m	Freestyle	*14-15, 16-17 & 18/O*
69	70	14 Years & Over	800m	Freestyle	*14, 15, 16, 17, 18/O*

Saturday's program will be split into two (2) sessions with a 30min lunch break

Session5 Sunday 24 August, 9:00am					
B	**G**				***Medal as***
71	72	14/15 Years	50m	Freestyle	*14, 15*
73	74	16/17 Years	50m	Freestyle	*16, 17*
75	76	18 Years/Over	50m	Freestyle	*18/O*
77	78	Open MC	50m	Freestyle	*14-15, 16-17 & 18/O*
79	80	14/15 Years	200m	Backstroke	*14, 15*
81	82	16 Years & Over	200m	Backstroke	*16, 17, 18/O*
83	84	Open MC	400m	Freestyle	*14-15, 16-17 & 18/O*
85	86	14-15 Years	100m	Individual Medley	*14, 15*
87	77	16 Years & Over	100m	Individual Medley	*16, 17, 18/O*
89	90	14/15 Years	4x50m	Freestyle Relay	*14-15*
91	92	16/17 Years	4x50m	Freestyle Relay	*16-17*
93	94	18 Years/Over	4x50m	Freestyle Relay	*18/O*
95	96	14/15 Years	50m	Backstroke	*14, 15*
97	98	16/17 Years	50m	Backstroke	*16, 17*
99	100	18 Years/Over	50m	Backstroke	*18/O*
101	102	Open MC	50m	Backstroke	*14-15, 16-17 & 18/O*
103	104	14 Years & Over	400m	Individual Medley	*14, 15, 16, 17 & 18/O*
105	106	14/15 Years	200m	Freestyle	*14, 15*
107	108	16 Years & Over	200m	Freestyle	*16, 17, 18/O*
109	110	Open MC	200m	Freestyle	*14-15, 16-17 & 18/O*

Sunday's program will be split into two (2) sessions with a 30min lunch break

Age as at 22nd August 2025

Swimmers who turn 14 between 23rd August 2025 and 13th September 2025 will swim at the Youth State Age championships as a 13 year old

Entries close 11:59pm, Tuesday 12th August - no late entries will be accepted

SC & LC qualifying times achieved since 1st October 2023 can be used to enter this meet

QUALIFYING TIMES - MALES

Men	2025 Speedo NSW Senior State Age Short Course Championships					
		17yrs & Over	16yrs	15yrs	14yrs	
Free	50m	00:25.4	00:25.7	00:26.0	00:27.0	
	100m	00:55.0	00:56.0	00:56.5	00:58.0	
	200m	02:01.0	02:02.0	02:04.0	02:07.0	
	400m	04:21.0	04:23.0	04:25.0	04:30.0	
	800m	08:40.0	09:10.0	09:15.0	09:25.0	
	1500m	17:00.0	17:40.0	18:00.0	18:30.0	
Back	50m	00:28.5	00:29.0	00:30.0	00:30.5	
	100m	01:03.5	01:05.0	01:06.5	01:08.0	
	200m	02:20.0	02:21.0	02:25.0	02:26.0	
Breast	50m	00:31.0	00:32.0	00:33.0	00:34.5	
	100m	01:12.0	01:14.0	01:15.5	01:18.0	
	200m	02:36.0	02:42.0	02:43.0	02:46.0	
Fly	50m	00:26.5	00:27.5	00:28.5	00:29.5	
	100m	01:00.5	01:04.0	01:05.0	01:07.0	
	200m	02:21.0	02:22.0	02:25.0	02:35.0	
Medley	100m	01:03.0	01:04.0	01:05.0	1.07.50	
	200m	02:17.0	02:19.0	02:22.0	02:23.5	
	400m	04:44.0	05:01.0	05:07.0	05:15.0	
RELAYS			18yrs & over	16-17yrs	14-15 yrs	
	Freestyle	4 x 50m	01:57.5	02:02.5	02:08.0	
	Freestyle	4 x 25m	Open	00:58.7		
	Medley	4 x 50m	02:14.5	02:21.0	02:27.5	
	Medley	4 x 25m	Open	01:07.2		

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QUALIFYING TIMES - FEMALES

Women	2025 Speedo NSW Senior State Age Short Course Championships				
		17yrs & Over	16yrs	15yrs	14yrs
Free	50m	00:28.0	00:28.0	00:28.5	00:29.0
	100m	01:02.0	01:02.0	01:02.5	01:03.0
	200m	02:15.0	02:16.0	02:16.5	02:15.5
	400m	04:40.0	04:43.0	04:44.0	04:45.0
	800m	09:25.0	09:40.0	09:44.0	10:08.0
	1500m	17:55.0	18:10.0	18:30.0	18:40.0
Back	50m	00:31.0	00:31.5	00:32.5	00:33.0
	100m	01:11.0	01:11.5	01:12.5	01:13.5
	200m	02:32.0	02:33.0	02:33.5	02:35.0
Breast	50m	00:35.0	00:35.5	00:36.0	00:37.0
	100m	1.22.00	01:22.5	01:23.0	01:24.0
	200m	02:54.0	02:55.0	02:55.5	02:58.0
Fly	50m	00:30.0	00:30.5	00:31.5	00:32.0
	100m	01:10.5	01:11.0	01:11.5	01:12.5
	200m	02:35.5	02:35.5	02:36.0	02:38.0
Medley	100m	01:10.0	01:11.0	01:11.5	01:12.5
	200m	02:30.5	02:31.0	02:32.0	02:34.0
	400m	05:15.0	05:20.0	05:25.5	05:35.0
RELAYS			18yrs & over	16-17yrs	14-15 yrs
	Freestyle	4 x 50m	02:00.0	02:05.0	02:10.0
	Freestyle	4 x 25m	Open	00:58.75	
	Medley	4 x 50m	02:27.0	02:30.0	02:34.0
	Medley	4 x 25m	Open	01:13.5	

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2025 SPEEDO NSW SENIOR STATE AGE SHORT COURSE CHAMPIONSHIPS 22ND – 24TH AUGUST 2025

Qualifying Times - Multi-Classification Men

MEN 14 YEARS																			
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
50m Free	2:21.09	1:52.01	1:25.82	1:20.17	0:59.83	0:57.40	0:54.39	0:50.88	0:44.58	0:43.19	0:47.13	0:42.88	0:43.28	0:45.34	0:43.16	0:46.13	0:52.93	0:56.21	0:42.02
100m Free	5:00.38	3:55.81	3:24.98	2:54.57	2:13.09	2:06.54	2:00.73	1:52.20	1:38.91	1:34.46	1:44.73	1:34.95	1:34.47	1:36.09	1:35.54	1:42.10	1:58.75	2:07.62	1:34.25
50m Back	2:12.60	1:44.32	1:33.34	1:30.65	1:03.13	1:05.42	1:05.42	1:00.22	0:51.88	0:51.96	0:57.89	0:51.83	0:48.89	0:53.23	0:48.40	0:57.97	1:00.25	1:07.92	0:47.82
100m Back	4:43.08	3:52.76	3:25.28	3:26.86	2:33.18	2:22.33	2:16.91	2:05.68	1:51.39	1:46.67	2:03.12	1:50.70	1:45.13	1:46.09	1:44.56	2:05.29	2:11.26	2:27.09	1:44.18
50m Fly				1:29.52	1:01.52	1:00.05	0:57.08	0:55.39	0:48.59	0:46.39	0:51.82	0:47.08	0:45.75	0:48.80	0:46.17	0:48.72	0:56.38	1:00.69	0:44.74
100m Fly							2:14.40	1:58.92	1:46.67	1:41.00	1:53.14	1:45.86	1:40.20	1:41.06	1:40.53	1:48.92	2:05.18	2:19.63	1:39.36
50m Breast	2:53.42	1:52.01	1:42.81	1:33.79	1:20.32	1:11.18	1:04.33	1:03.43	0:54.39		0:58.48	0:56.49	0:53.54	0:56.49	0:51.83	0:58.96	1:05.69	1:15.28	0:52.13
100m Breast			4:03.11	3:23.37	2:51.04	2:37.04	2:21.29	2:14.64	1:59.42		2:10.72	1:59.50	1:57.45	1:57.04	1:51.91	2:14.76	2:23.98	2:48.99	1:54.28
150/200m IM		7:59.00	6:16.45	5:31.75	5:49.87	5:30.92	5:13.02	4:54.11	4:15.13	4:02.70	4:26.90	4:12.82	3:57.04	4:06.32	3:58.25	4:29.89	4:48.59	5:38.19	3:59.48

*150m IM is only available for classes S1 - S4. The times shown above for classes S5-S19 are for the 200m IM only.

MEN 15 YEARS & OVER																			
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
50m Free	1:56.47	1:32.46	1:10.85	1:06.17	0:51.16	0:49.08	0:46.51	0:43.49	0:39.00	0:37.79	0:41.24	0:37.51	0:37.86	0:39.68	0:37.77	0:40.35	0:41.12	0:49.19	0:35.93
100m Free	4:07.96	3:14.65	2:49.21	2:24.11	1:53.79	1:48.19	1:43.22	1:35.92	1:26.54	1:22.64	1:31.63	1:23.08	1:22.65	1:24.08	1:23.58	1:29.33	1:32.24	1:51.65	1:20.58
50m Back	1:49.46	1:26.11	1:17.05	1:14.83	0:53.98	0:55.94	0:55.94	0:51.49	0:45.38	0:45.46	0:50.66	0:45.34	0:42.77	0:46.57	0:42.34	0:50.72	0:46.81	0:59.42	0:40.88
100m Back	3:53.68	3:12.13	2:49.46	2:50.76	2:10.97	2:01.69	1:57.06	1:47.46	1:37.45	1:33.32	1:47.72	1:36.85	1:31.97	1:32.82	1:31.48	1:49.61	1:41.96	2:08.68	1:29.07
50m Fly				1:13.90	0:52.60	0:51.35	0:48.81	0:47.36	0:42.50	0:40.58	0:45.33	0:41.19	0:40.03	0:42.69	0:40.39	0:42.62	0:43.79	0:53.10	0:38.26
100m Fly							1:54.91	1:41.68	1:33.32	1:30.29	1:38.99	1:32.61	1:27.66	1:28.41	1:27.95	1:35.29	1:37.24	2:02.16	1:24.95
50m Breast	2:23.15	1:32.46	1:24.87	1:17.42	1:08.68	1:00.87	0:55.00	0:54.23	0:47.59		0:51.16	0:49.43	0:46.85	0:49.43	0:45.34	0:51.58	0:51.03	1:05.86	0:44.57
100m Breast			3:20.67	2:47.88	2:26.25	2:14.27	2:00.80	1:55.11	1:44.47		1:54.36	1:44.55	1:42.75	1:42.40	1:37.91	1:57.90	1:51.85	2:27.84	1:37.72
150/200m IM		6:25.40	5:02.89	4:26.91	4:54.53	4:38.58	4:23.51	4:07.59	3:40.89	3:30.14	3:51.09	3:38.90	3:25.23	3:33.27	3:26.29	3:53.67	3:44.18	4:52.81	3:21.59

*150m IM is only available for classes S1 - S4. The times shown above for classes S5-S19 are for the 200m IM only.

2025 SPEEDO NSW SENIOR STATE AGE SHORT COURSE CHAMPIONSHIPS 22ND – 24TH AUGUST 2025

Qualifying Times - Multi-Classification Men

MEN 14 YEARS: 200m & 400m Freestyle																		
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
200m Free		7:21.97	6:17.14	5:28.85	4:20.38	4:14.10	4:00.98	3:50.49	3:16.65	3:12.59	3:29.63	3:19.15	3:05.66	3:09.13	3:09.38	3:29.68	3:52.94	4:18.29	3:04.89
400m Free						8:41.57	8:11.32	7:50.80	7:00.54	6:39.98	7:18.88	6:53.85	6:36.37	6:53.04	6:32.76	7:33.55	8:22.58	9:13.26	6:38.89

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MEN 15 YEARS & OVER: 200m & 400m Freestyle																		
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
200m Free		6:41.56	5:42.65	4:58.78	4:01.71	3:55.89	3:43.70	3:33.96	3:05.05	3:01.24	3:17.27	3:07.42	2:54.72	2:57.97	2:58.22	3:17.31	3:23.49	4:03.06	2:51.62
400m Free						8:04.18	7:36.10	7:17.05	6:35.75	6:16.40	6:53.01	6:29.44	6:12.99	6:28.68	6:09.60	7:06.81	7:19.04	8:40.63	6:10.30

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2025 SPEEDO NSW SENIOR STATE AGE SHORT COURSE CHAMPIONSHIPS 22ND – 24TH AUGUST 2025

Qualifying Times - Multi-Classification Women

WOMEN 14 YEARS																			
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
50m Free	2:26.51	1:59.29	1:29.17	1:21.65	1:08.46	1:05.40	1:03.57	0:58.21	0:50.96	0:51.05	0:54.46	0:49.70	0:49.54	0:51.10	0:48.77	0:57.19	0:59.93	1:04.46	0:47.56
100m Free	4:04.32	4:17.65	3:13.77	2:55.32	2:27.36	2:22.37	2:16.69	2:07.91	1:51.50	1:48.44	2:01.50	1:48.95	1:46.95	1:45.54	1:46.63	2:02.98	2:10.91	2:26.48	1:43.89
50m Back	2:27.12	2:11.32	1:47.23	1:38.81	1:14.71	1:16.69	1:16.35	1:04.32	0:59.70	0:59.07	1:05.45	0:58.96	0:57.29	0:56.49	0:54.72	1:10.36	1:08.30	1:19.95	0:54.21
100m Back	5:22.06	4:41.05	3:52.06	3:49.79	3:06.67	2:39.87	2:39.67	2:16.71	2:05.74	2:02.85	2:17.02	2:03.21	2:00.57	1:59.46	1:56.78	2:30.04	2:25.43	2:54.84	1:55.43
50m Fly				1:28.95	1:19.01	1:09.42	1:06.28	1:01.52	0:52.51	0:52.93	1:01.41	0:54.45	0:52.19	0:56.74	0:51.25	1:01.05	1:01.84	1:12.22	0:49.08
100m Fly							2:38.03	2:17.03	1:56.54	1:56.76	2:20.20	1:57.71	1:56.05	1:58.12	1:58.79	2:20.17	2:20.45	2:53.12	1:51.47
50m Breast	2:59.35	2:22.26	1:56.43	1:46.26	1:27.36	1:26.52	1:21.96	1:08.55	1:00.08		1:07.39	1:02.67	1:02.86	1:01.64	0:59.63	1:12.39	1:14.17	1:27.64	0:58.87
100m Breast			4:41.72	3:49.70	3:08.56	3:00.57	2:57.07	2:28.34	2:12.41		2:28.80	2:15.62	2:09.77	2:14.33	2:13.42	2:44.04	2:42.34	3:15.31	2:08.85
150/200m IM			6:39.03	6:14.57	6:46.34	6:11.15	5:53.82	5:26.24	4:40.54	4:39.83	5:09.30	4:39.27	4:33.25	4:27.31	4:29.20	5:23.88	5:19.27	6:39.90	4:24.94

*150m IM is only available for classes S3 - S4. The times shown above for classes S5-S19 are for the 200m IM only.

WOMEN 15 YEARS & OVER																			
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
50m Free	1:43.74	1:38.46	1:13.60	1:07.40	0:58.52	0:55.91	0:54.35	0:49.77	0:44.59	0:44.67	0:47.64	0:43.49	0:43.34	0:44.71	0:42.68	0:50.04	0:46.55	0:56.40	0:40.66
100m Free	3:21.69	3:32.69	2:39.95	2:24.73	2:05.99	2:01.73	1:56.86	1:49.36	1:37.55	1:34.87	1:46.29	1:35.31	1:33.56	1:32.33	1:33.29	1:47.58	1:41.68	2:08.14	1:28.83
50m Back	2:01.45	1:48.40	1:28.52	1:21.57	1:03.87	1:05.57	1:05.27	0:54.99	0:52.23	0:51.68	0:57.26	0:51.58	0:50.13	0:49.43	0:47.87	1:01.55	0:53.06	1:09.94	0:46.34
100m Back	4:25.85	3:52.00	3:11.57	3:09.69	2:39.61	2:16.69	2:16.52	1:56.89	1:50.00	1:47.47	1:59.88	1:47.80	1:45.48	1:44.52	1:42.17	2:11.26	1:52.98	2:32.97	1:38.69
50m Fly				1:13.43	1:07.55	0:59.35	0:56.67	0:52.60	0:45.93	0:46.31	0:53.72	0:47.63	0:45.66	0:49.65	0:44.84	0:53.41	0:48.04	1:03.18	0:41.96
100m Fly							2:15.11	1:57.16	1:41.96	1:42.15	2:02.66	1:42.98	1:41.53	1:43.34	1:43.94	2:02.62	1:49.10	2:31.47	1:35.31
50m Breast	2:28.05	1:57.44	1:36.12	1:27.71	1:14.69	1:13.97	1:10.07	0:58.62	0:52.57		0:58.96	0:54.83	0:54.99	0:53.93	0:52.16	1:03.33	0:57.62	1:16.68	0:50.34
100m Breast			3:52.55	3:09.61	2:41.22	2:34.39	2:31.40	2:06.83	1:55.84		2:10.19	1:58.65	1:53.53	1:57.53	1:56.72	2:23.52	2:06.11	2:50.87	1:50.17
150/200m IM			5:21.06	5:01.37	5:42.07	5:12.44	4:57.86	4:34.63	4:02.90	4:02.28	4:27.79	4:01.80	3:56.58	3:51.45	3:53.08	4:40.42	4:08.01	5:46.24	3:43.03

*150m IM is only available for classes S3 - S4. The times shown above for classes S5-S19 are for the 200m IM only.

2025 SPEEDO NSW SENIOR STATE AGE SHORT COURSE CHAMPIONSHIPS 22ND – 24TH AUGUST 2025

Qualifying Times - Multi-Classification Women

WOMEN 12-14 YEARS: 200m & 400m Freestyle																		
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
200m Free		9:21.51	6:29.98	5:42.20	4:54.29	4:41.11	4:25.43	4:06.59	3:38.54	3:36.45	3:59.00	3:40.41	3:34.78	3:25.44	3:29.72	4:09.59	4:18.01	4:52.64	3:24.78
400m Free						9:12.06	8:53.40	8:28.12	7:23.90	7:24.35	8:15.52	7:21.43	7:16.79	7:29.40	7:27.48	9:00.74	9:00.01	10:28.03	7:08.60

*150m IM is only available for classes S3 - S4. The times shown above for classes S5-S19 are for the 200m IM only.

WOMEN 15 YEARS & OVER: 200m & 400m Freestyle																		
Event	**S1**	**S2**	**S3**	**S4**	**S5**	**S6**	**S7**	**S8**	**S9**	**S10**	**S11**	**S12**	**S13**	**S14**	**S15**	**S16**	**S17**	**S18**	**S19**
200m Free		8:30.17	5:54.33	5:10.91	4:33.19	4:20.96	4:06.41	3:48.91	3:25.65	3:23.69	3:44.91	3:27.41	3:22.11	3:13.32	3:17.36	3:54.87	3:45.40	4:35.39	3:10.10
400m Free						8:32.48	8:15.17	7:51.70	6:57.72	6:58.15	7:46.30	6:55.39	6:51.05	7:02.90	7:01.10	8:28.85	7:51.73	9:51.00	6:37.88

*150m IM is only available for classes S3 - S4. The times shown above for classes S5-S19 are for the 200m IM only.