COSAC March 2025 SC Club Races

Saturday 1st March 2025

Warm Up 3:30pm – Races Start 4:00pm

Gunyama Park Aquatic and Recreation Centre

17 Zetland Ave, Zetland

Official Semi – Electronic Timing

EVENT #	EVENT	EVENT #	EVENT
1	OPEN 200m Freestyle **or**	8	OPEN 200m Butterfly **or**
2	OPEN 200m Breaststroke	9	OPEN 200m Backstroke
3	OPEN 100m Backstroke	10	OPEN 25m Backstroke
4	OPEN 50m Breaststroke	11	OPEN 100m Freestyle
5	OPEN 25m Butterfly	12	OPEN 50m Backstroke
6	OPEN 100m Butterfly	13	OPEN 200m IM
7	OPEN 50m Butterfly	14	OPEN 100m Breaststroke
		15	OPEN 50m Freestyle
Distance Races – at the end of the meet			
16	OPEN 400m Freestyle	17	OPEN 400m IM

Entries Open Tuesday 18 February @ 3pm

Entries Close Thursday 27th February @ 8pm

Event Information

- All Events are mixed gender.
- **Swimmers are limited to 3 Events.**
- Swimmers entering 200m events please note that the following events may potentially be combined so swimmers can only enter 1; Events 1 & 2 and 8 & 9.
- Swimmers who wish to enter both 50 and 100m Fly please contact the race secretary.
- Distance Races will be held once the main meet is completed, if a swimmer wishes to race 800 or 1500m please email racesecretary.cosac@gmail.com. All competitors in the distance races must provide their own timekeeper.
- Entries are via Swim Central https://swimcentral.swimming.org.au/
- Swim Central help https://support.swimming.org.au/hc/en-us
- Swimmers must be a member of COSAC to enter.
- **Parents will be asked to assist with time keeping.**
- Meet operated under the rules of SNSW.

For more information or help with entries please email racesecretary.cosac@gmail.com